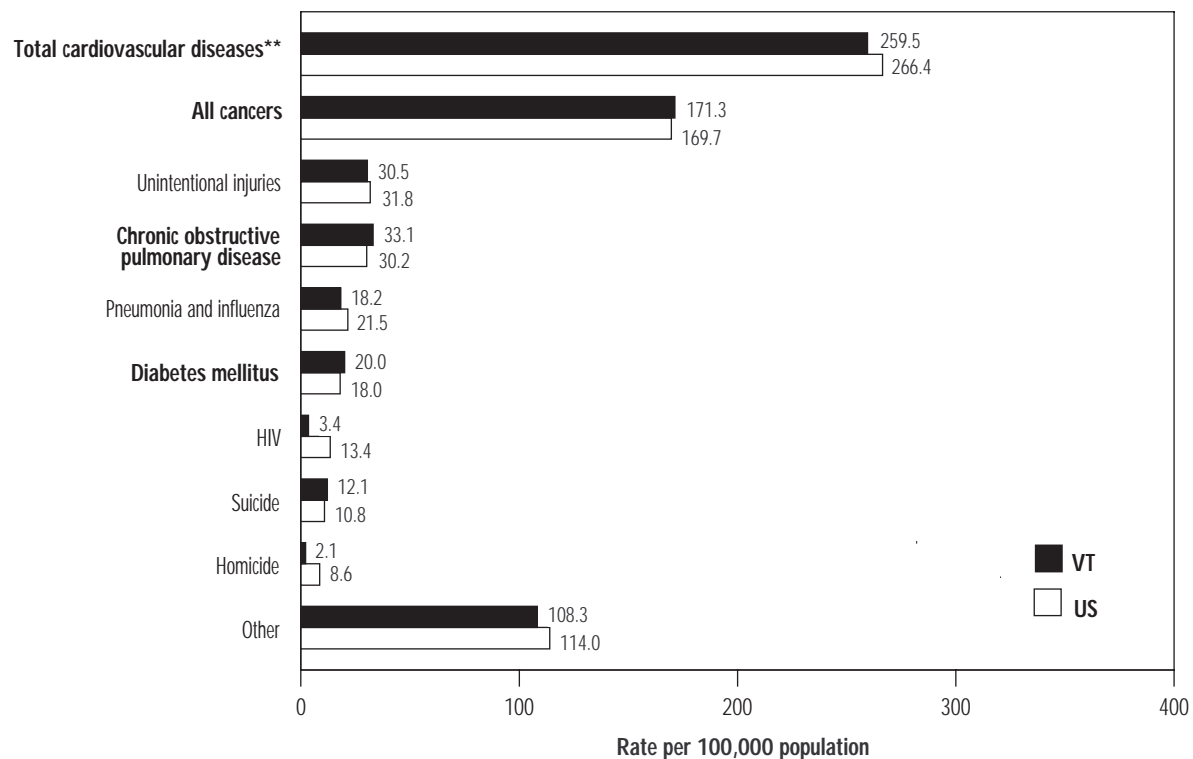


# Vermont: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Vermont, all cancers are the second most common cause, chronic obstructive pulmonary disease is third, and diabetes is fifth.
- In 1995, 74% of all deaths in Vermont were due to the four most common chronic disease causes of death.
- The death rates for all cancers, chronic obstructive pulmonary disease, and diabetes were higher in Vermont than in the United States; the death rate for total cardiovascular diseases was lower.

**Causes of Death, Vermont Compared With United States, 1995\***



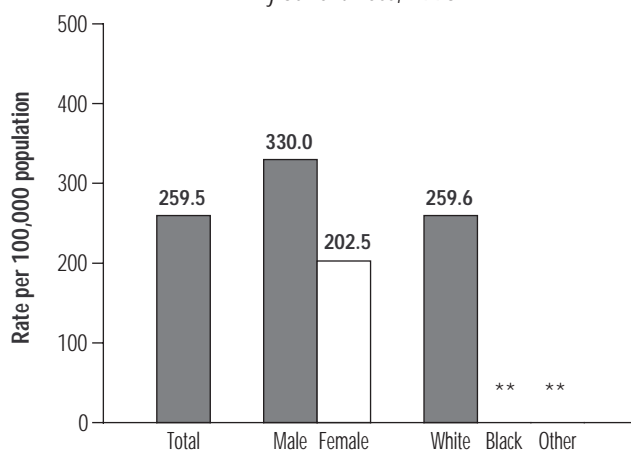
\*All data are age adjusted, 1970 total U.S. population.

\*\*Total cardiovascular disease death rates include rates of death due to ischemic heart disease (124.6 per 100,000 in Vermont and 135.2 per 100,000 in the United States) and rates of death due to stroke (39.0 per 100,000 population in Vermont and 42.5 per 100,000 in the United States).

# Vermont: Cardiovascular Diseases

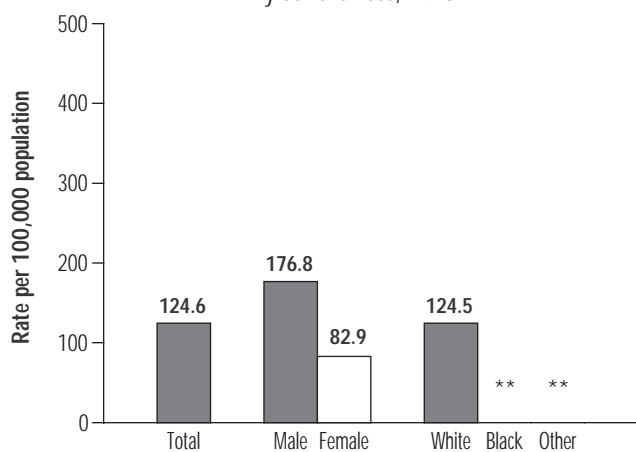
- Total cardiovascular diseases are the most common cause of death in Vermont, accounting for 39% of all deaths.
- Ischemic heart disease accounted for 48% of all cardiovascular disease deaths in Vermont in 1995; 965 people in Vermont died of ischemic heart disease.
- In 1995, 334 people in Vermont died of stroke.

**Vermont: Total Cardiovascular Disease Death Rates**  
By Sex and Race, 1995



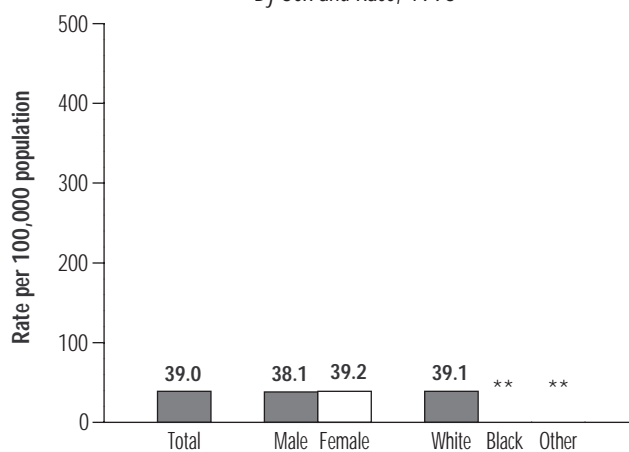
\*\*Too few numbers to analyze.

**Vermont: Ischemic Heart Disease Death Rates**  
By Sex and Race, 1995



\*\*Too few numbers to analyze.

**Vermont: Stroke Death Rates**  
By Sex and Race, 1995



\*\*Too few numbers to analyze.

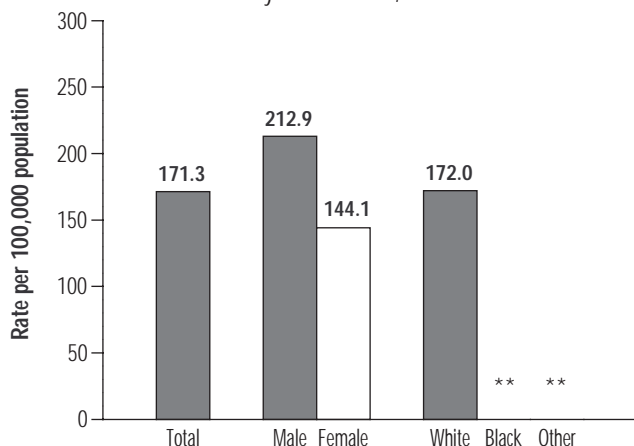
Note: All data are age adjusted, 1970 total U.S. population.

# Vermont: Cancer

- Cancer accounted for 26% of all deaths in Vermont in 1995; 1,163 people in Vermont died of cancer.
- In Vermont in 1995, 291 people died of lung cancer, 124 people died of colorectal cancer, and 97 women died of breast cancer.

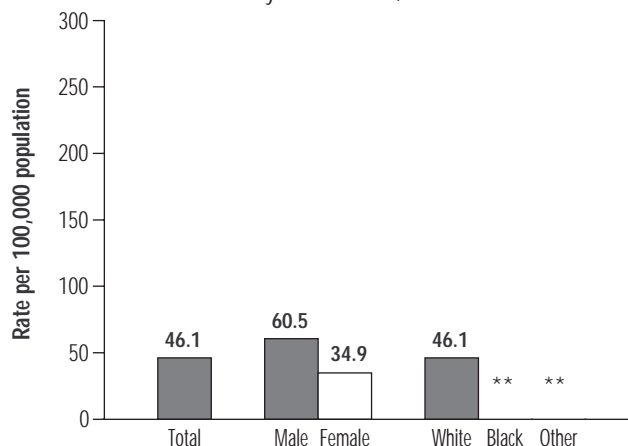
- The American Cancer Society estimates that 390 new cases of lung cancer, 230 new cases of colorectal cancer, and 330 new cases of breast cancer will be diagnosed in Vermont in 1997.

**Vermont: All Cancer Death Rates**  
By Sex and Race, 1995



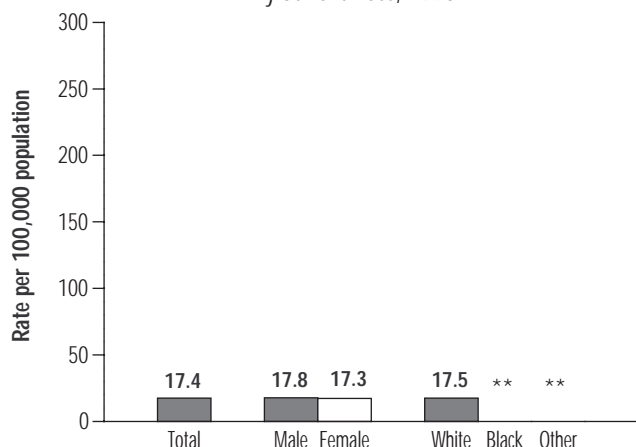
\*\*Too few numbers to analyze.

**Vermont: Lung Cancer Death Rates**  
By Sex and Race, 1995



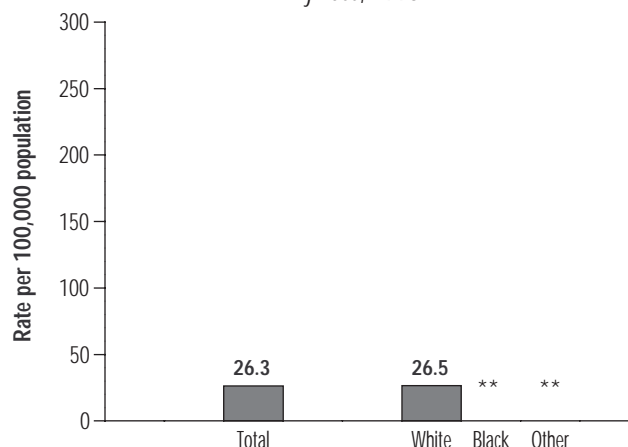
\*\*Too few numbers to analyze.

**Vermont: Colorectal Cancer Death Rates**  
By Sex and Race, 1995



\*\*Too few numbers to analyze.

**Vermont: Breast Cancer Death Rates Among Women**  
By Race, 1995



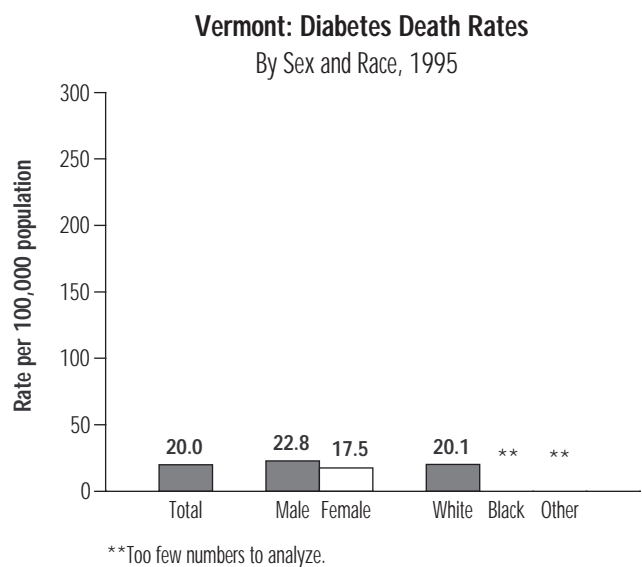
\*\*Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

# Vermont: Diabetes

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- In 1994, 18,162 adults in Vermont had diagnosed diabetes.
- Diabetes was the underlying cause of 143 deaths in Vermont in 1995.
- In 1993, diabetes was the most common contributing cause of 27 new cases of end-stage kidney disease in Vermont.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

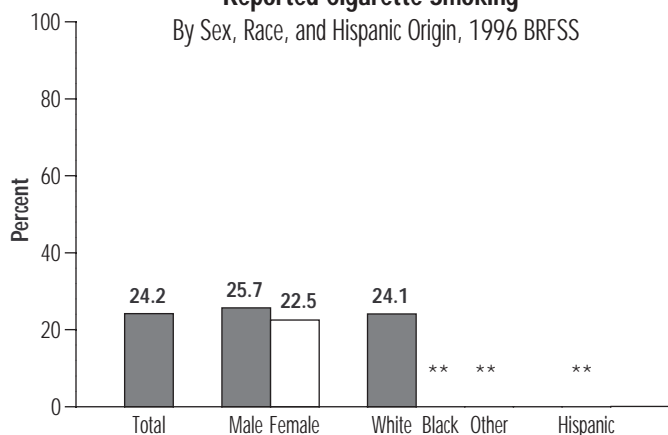


Note: All data are age adjusted, 1970 total U.S. population.

# Vermont: Risk Factors

**Vermont: Percentage of Adults Who Reported Cigarette Smoking\***

By Sex, Race, and Hispanic Origin, 1996 BRFSS

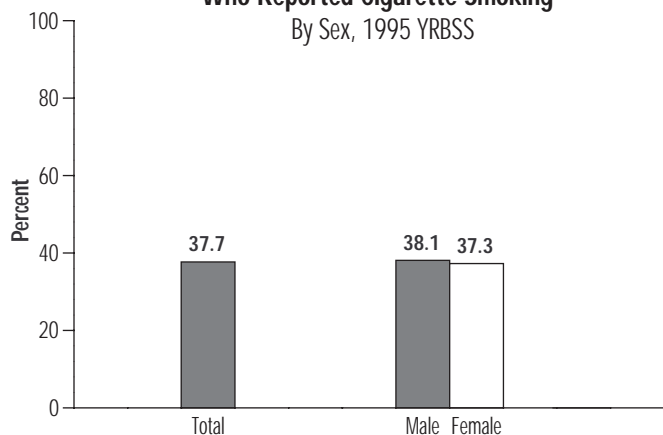


\*Ever smoked at least 100 cigarettes and now smoke every day or some days.

\*\*Too few numbers to analyze.

**Vermont: Percentage of High School Students Who Reported Cigarette Smoking\***

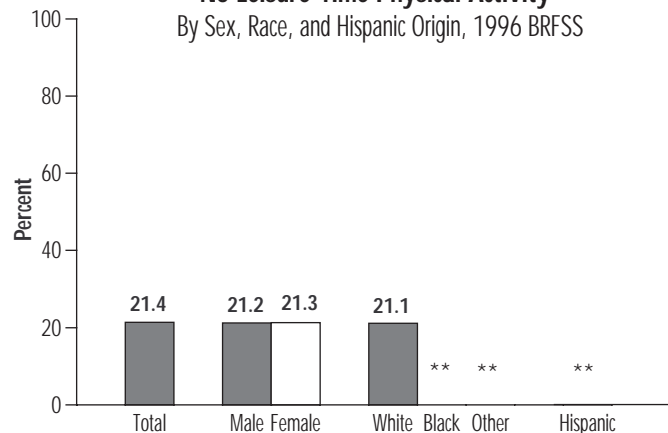
By Sex, 1995 YRBSS



\*Smoked cigarettes on 1 or more of the 30 days preceding the survey.

**Vermont: Percentage of Adults Who Reported No Leisure-Time Physical Activity\***

By Sex, Race, and Hispanic Origin, 1996 BRFSS

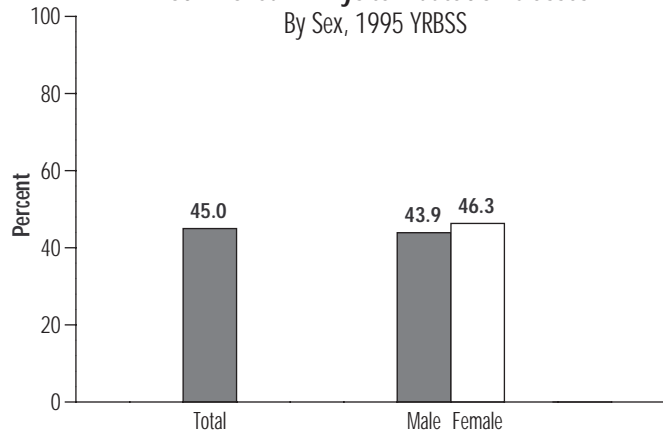


\*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

\*\*Too few numbers to analyze.

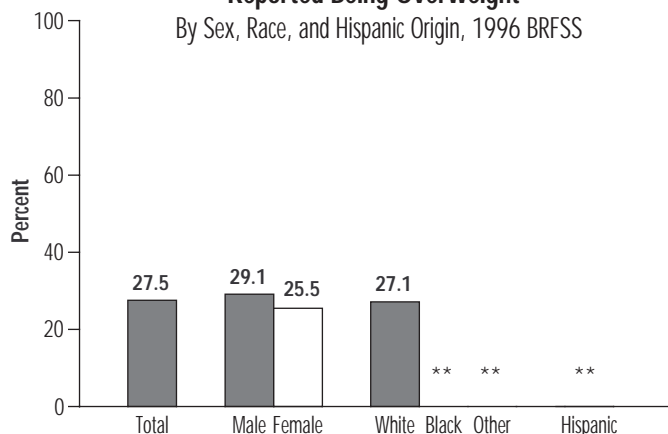
**Vermont: Percentage of High School Students Not Enrolled in Physical Education Classes**

By Sex, 1995 YRBSS



**Vermont: Percentage of Adults Who Reported Being Overweight\***

By Sex, Race, and Hispanic Origin, 1996 BRFSS



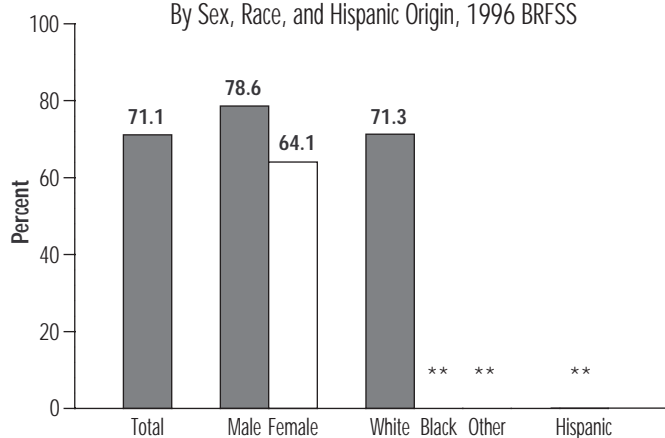
\*Body mass index  $\geq 27.8$  kg/m<sup>2</sup> for men and  $\geq 27.3$  kg/m<sup>2</sup> for women.

\*\*Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

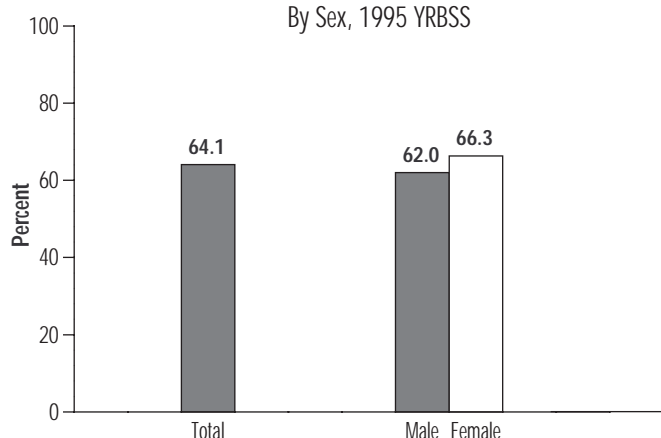
# Vermont: Risk Factors

**Vermont: Percentage of Adults Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables per Day**  
By Sex, Race, and Hispanic Origin, 1996 BRFSS



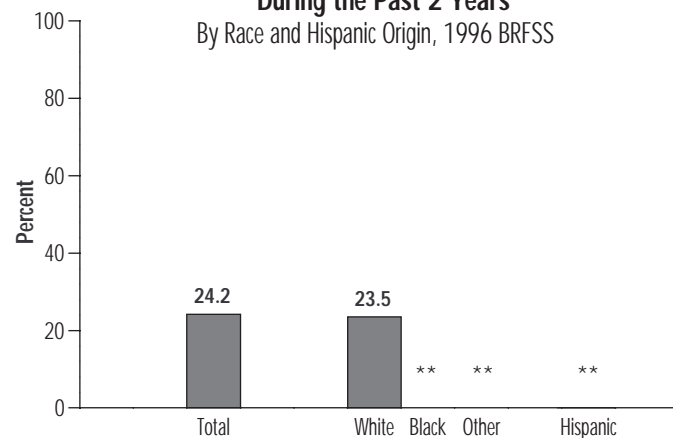
\*\*Too few numbers to analyze.

**Vermont: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey**  
By Sex, 1995 YRBSS



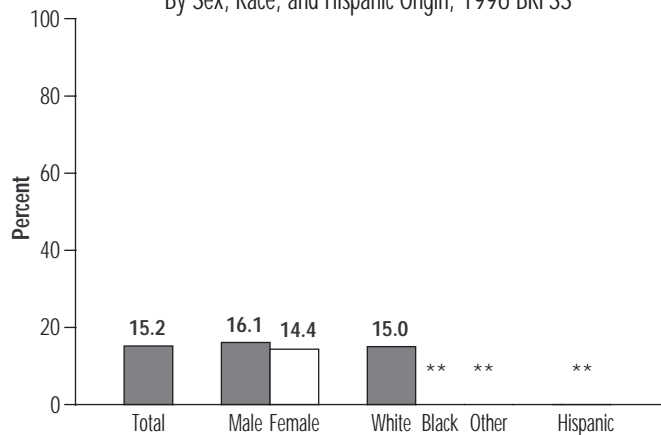
# Vermont: Preventive Services

**Vermont: Percentage of Women Aged 50 Years and Older Who Reported Not Having Had a Mammogram During the Past 2 Years**  
By Race and Hispanic Origin, 1996 BRFSS



\*\*Too few numbers to analyze.

**Vermont: Percentage of Adults Aged 18–64 Years Who Reported Having No Health Insurance**  
By Sex, Race, and Hispanic Origin, 1996 BRFSS



\*\*Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.